

Mobile Health Application

This is the starting page for the health application.
It has three sections:

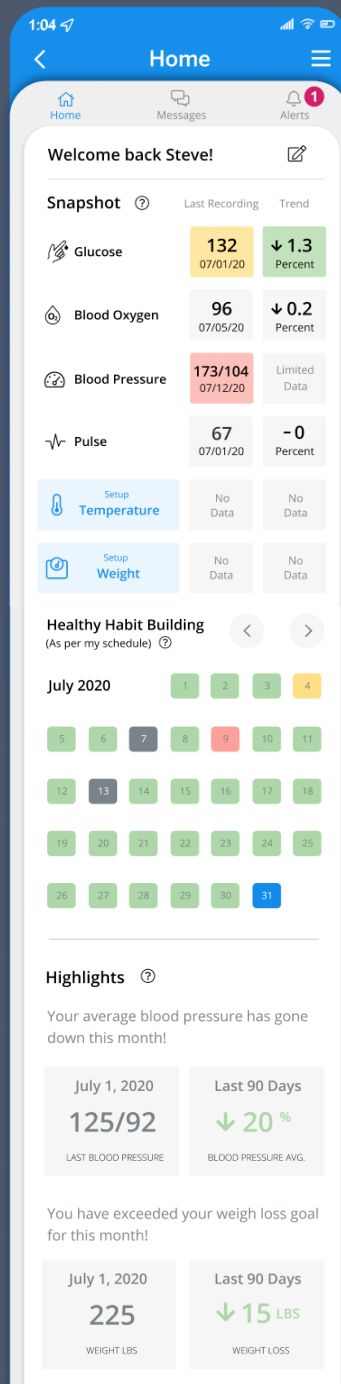
- Snapshot
- Healthy Habit Building
- Highlights

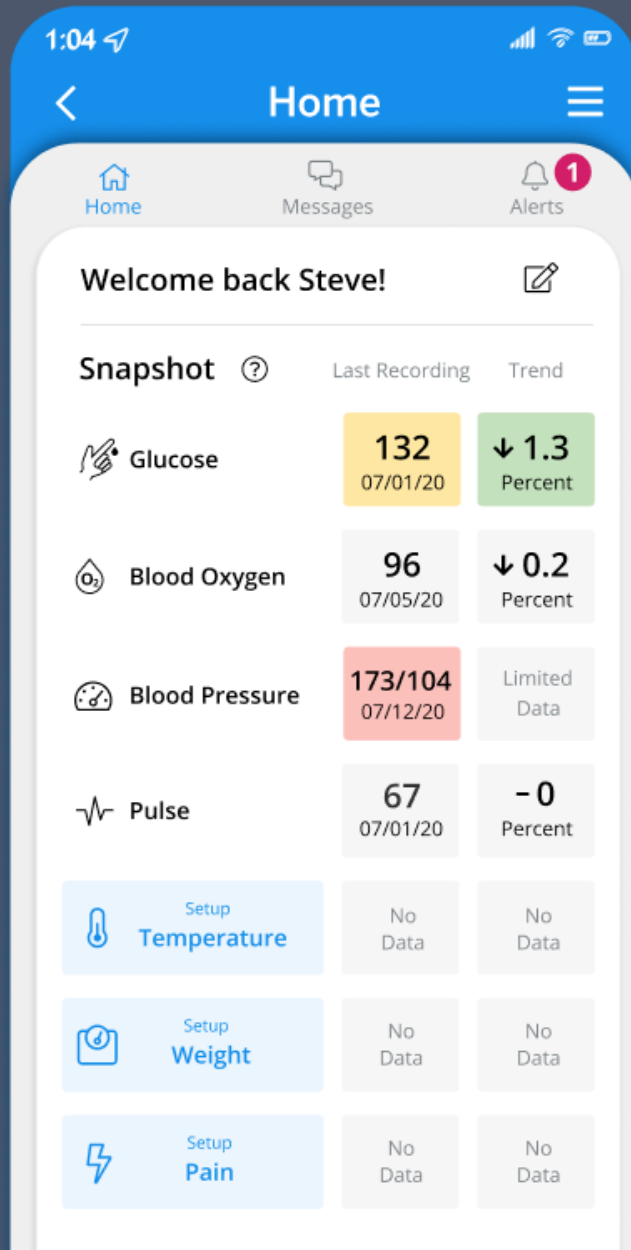
Go to the next page...

Snapshot

Healthy Habit Building

Highlights





Mobile Health Application

Read each question and answer out loud

Take a minute and review the "Snapshot" area on the screen

Question 1:

Please describe some of the things that you see in "Snapshot"?

Once you have answered out loud, go to the next page...

Mobile Health Application

Read each question and answer out loud

Question 2:

What is "Glucose"? Why is it important to health?

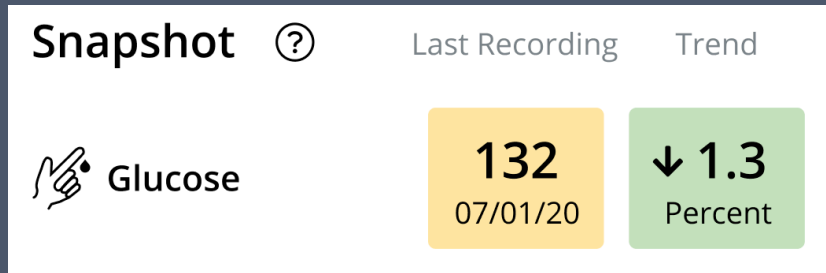
Question 3:

The number "132" is in a yellow box. What does this tell you about the number?

Question 5:

What do the numbers and arrow in the green box mean?

Once you have answered out loud, go to the next page...



Mobile Health Application

Read each question and answer out loud

Question 6:

What is "Blood Pressure"? Why is it important to health?

Question 7:

The numbers "173/104" are in a red box. What does this tell you about these numbers?

Question 8:

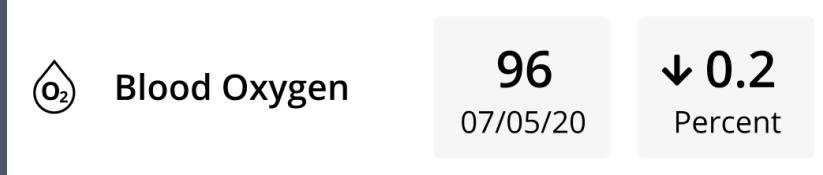
The grey box says, "Limited Data" what does this mean?

Once you have answered out loud, go to the next page...



Mobile Health Application

Read each question and answer out loud



Question 9:

What is "Blood Oxygen"? Why is it important to health?

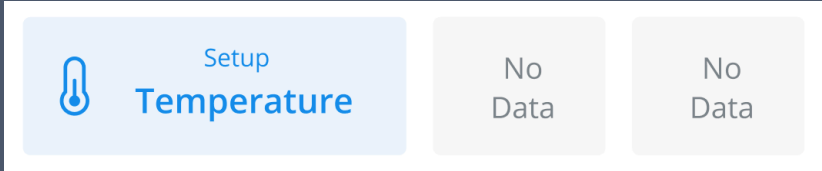
Question 10:

The number "96" is in a grey box. What does this tell you about this number?

Once you have answered out loud, go to the next page...

Mobile Health Application

Read each question and answer out loud



Question 11:

This row has no numbers why?

Question 12:

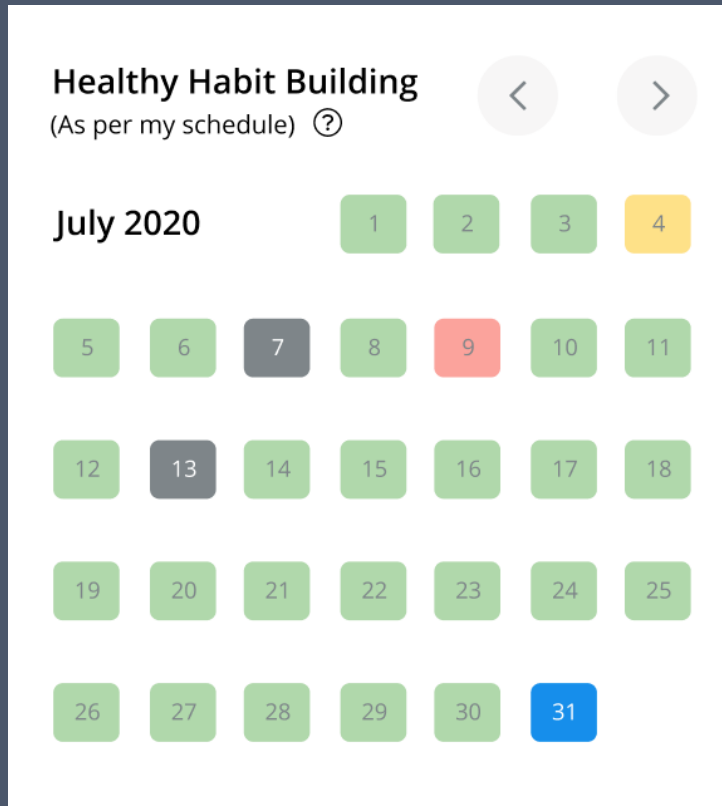
What would you do to start getting the numbers?

Once you have answered out loud, go to the next page...

Mobile Health Application

Read each question and answer out loud

Healthy Habit Building



Task 13:

Take a minute to review this section of the screen.
What are some of the things you see?

Question 14:

Consider the colors: What does a green box mean?

Question 15:

What does a yellow box mean?

Question 16:

What does a blue box mean?

Question 17:

You want to review June. How would you find June...

Once you have answered out loud, go to the next page...

Highlights

Highlights ⓘ

Your average blood pressure has gone down this month!

July 1, 2020	Last 90 Days
125/92	↓ 20 %
LAST BLOOD PRESSURE	BLOOD PRESSURE AVG.

You have exceeded your weigh loss goal for this month!

July 1, 2020	Last 90 Days
225	↓ 15 LBS
WEIGHT LBS	WEIGHT LOSS

Mobile Health Application

Read each question and answer out loud

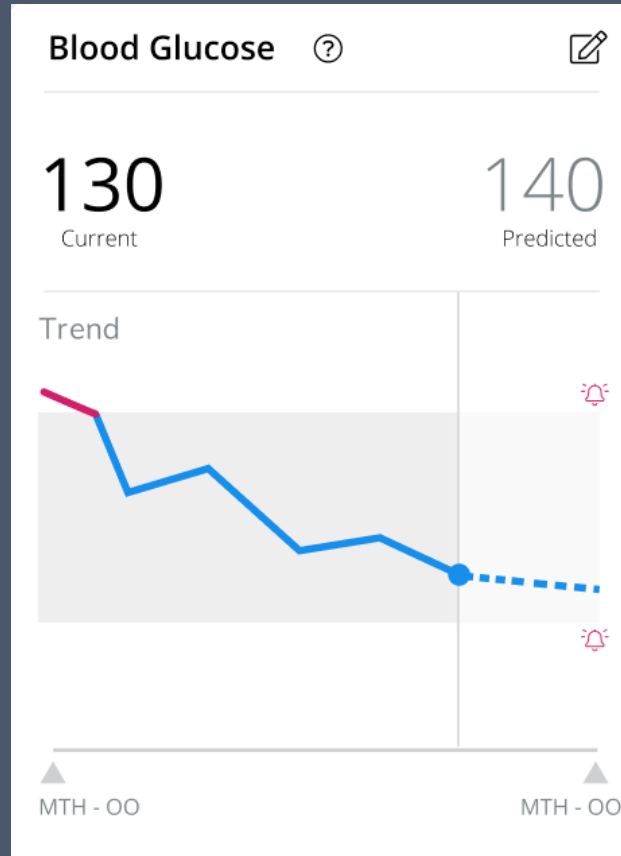
Task 18:

Take a minute to review this section of the screen.
What are some of the things you see?

Once you have answered out loud, go to the next page...

Mobile Health Application

Read each question and answer out loud



Question 19:

Here is another section in the health application
What are some of the things you see?

Question 20:

Why is part of the line red?

Question 21:

Why is part of the line dashed?

Question 22:

If you did not understand this chart how would you get more information?

Question 23:

If you wanted to change the chart how would you begin?

Once you have answered out loud, go to the next page...

